Aid Station #1 & #4 – handing out water and picking up cups

Crew Contact: Mark Hunter - 021 778 387

Volunteer Contact: Simone Heeney 027 482 0097

Across the street from 179 Marine Parade

-37.649817, 176.202369

Google Maps Address

7 volunteers 8:00am – 11:30am 3hrs 30min

1 x Rental Van

3 tables

3 x black rubbish bins

6 rubbish bags

8 small square bins - filled with water

3 Bins of GU Electrolyte Drink Each bin gets 3.5 tubes of tablets Do not put lid on while fizzing

1 x Lollie Bin 7 orange vests

1 bottle of hand sanitizer

3 x jugs Gloves

3000 cups (3 boxes)

NOTES:

- Cups are filled half way
- 1st time past only hand out water then on the way back water & GU Electrolyte Drink.

Please hand the cups and lollies to the runners with gloves on





